

## Basic Child Care Training



The Basic Child Care training courses were developed to meet identified needs of new child care providers. Since learning continues throughout one's career, this training provides a basic foundation of fundamentals.

If you are newly licensed or employed – no matter what your previous training or education – your Learning Path starts with Basic Child Care training. Basic Child Care is comprised of four courses totaling six clock hours of training. These courses are required for newly licensed family and group providers and are strongly recommended for new center staff. (These courses replace those previously titled Jump Start).

The four Basic Child Care courses are offered as part of our online EASY REACH training that is available 24/7 for your convenience. The self study courses allow you the flexibility to work through information at your own pace and during times that are most convenient for you. Visit [www.ndchildcare.org](http://www.ndchildcare.org) to register and begin your training.

### Basic Child Care Training - Four courses totaling six clock hours of training

Course	Clock Hours	Delivery Method	Core Competency
Healthy Practices and Policies	1.5	Online Self Study	Health, Safety, Nutrition
Safe Practices and Policies	1.5	Online Self Study	Health, Safety, Nutrition
Illness Prevention and Management	1.5	Online Self Study	Health, Safety, Nutrition
Food and Nutrition	1.5	Online Self Study	Health, Safety, Nutrition

### Health & Safety Training - Four courses totaling six clock hours of training

Course	Clock Hours	Delivery Method	Core Competency
Mandated Reporter	2	Online Self Study	Health, Safety, Nutrition
Sudden Infant Death Syndrome	1	Online Self Study	Health, Safety, Nutrition
Abusive Head Trauma	1	Online Self Study	Health, Safety, Nutrition
Emergency Preparedness	2	Online Self Study	Health, Safety, Nutrition

Visit [www.ndchildcare.org](http://www.ndchildcare.org)  
 or call your regional Child Care Resource and Referral office for more information.  
 Western ND: 1-888-223-1510 Eastern ND: 1-800-452-3646