

## Emergency Supply Kit

It is best to prepare before a disaster happens by assembling the following supplies in advance. When a disaster strikes, you won't have time to shop or look for the supplies that you will need.

	Short-Term Emergency	72-Hour Emergency
	<i>Backpack</i>	<i>Sturdy, waterproof, container with a cover</i>
<b>Important Papers</b>	<ul style="list-style-type: none"> <li>• Emergency information on each child in a small notebook or on cards</li> <li>• Emergency plan and numbers</li> <li>• Medical releases</li> <li>• Relocation site agreements and maps</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Transportation permission</li> </ul>
<b>Water</b>	<ul style="list-style-type: none"> <li>• One-two gallons of water for every four children/staff</li> </ul>	<ul style="list-style-type: none"> <li>• ½ gallon of water per child and 1 gallon per adult per day</li> </ul>
<b>Food</b>	<ul style="list-style-type: none"> <li>• Non-perishable food items such as granola bars, crackers, cereal, canned fruit, etc.</li> <li>• Formula for infants</li> <li>• Disposable cups</li> <li>• Non-electric can opener</li> </ul>	<ul style="list-style-type: none"> <li>• Non-perishable food items such as canned fruit and meat, crackers, cereal</li> <li>• Appropriate eating utensils</li> <li>• Special food for infants</li> <li>• Non-electric can opener</li> </ul>
<b>Clothing and Bedding</b>	<ul style="list-style-type: none"> <li>• Aluminum safety blankets</li> <li>• Pair of work gloves</li> </ul>	<ul style="list-style-type: none"> <li>• Change of clothes per person, especially socks</li> <li>• Extra bedding/blankets</li> </ul>
<b>First Aid</b>	<ul style="list-style-type: none"> <li>• Small first aid kit</li> <li>• Any needed medications (Epi-Pen, Insulin, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Any needed medications</li> <li>• Large first aid kit</li> </ul>

## ND CCR&R Child Care Resource & Referral

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<b>Sanitation</b>	<ul style="list-style-type: none"> <li>• Diapers and wipes</li> <li>• Toilet paper</li> <li>• Hand sanitizer</li> </ul>	<ul style="list-style-type: none"> <li>• Additional diapers and wipes</li> <li>• Additional toilet paper and emergency toilet facilities, if possible</li> <li>• Hand soap</li> <li>• Paper towels</li> <li>• Plastic bags (varied sizes)</li> <li>• Feminine supplies</li> </ul>
<b>Comfort and Safety</b>	<ul style="list-style-type: none"> <li>• At least one age appropriate play activity</li> <li>• Flashlight with batteries</li> <li>• Pencils</li> </ul>	<ul style="list-style-type: none"> <li>• Several age appropriate play activities to rotate</li> <li>• Extra keys</li> <li>• Matches and candles</li> <li>• Duct tape and plastic sheeting (for sheltering-in-place)</li> <li>• Utility knife</li> </ul>
<b>Communication</b>	<ul style="list-style-type: none"> <li>• Weather radio and extra batteries</li> <li>• Charged cell phone or calling card or change for pay phone</li> </ul>	<ul style="list-style-type: none"> <li>• Walkie talkie</li> <li>• Non-electric phone</li> <li>• Signal/flare</li> </ul>

\_\_\_ Date your supplies and keep an inventory.

\_\_\_ **Yearly and preferably every six months:**

- Rotate your food, water, and medical supplies.
- Update the important papers.
- Check the size of clothes and age appropriateness of activities.

*Leading the Way for Child Care in North Dakota*