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## Sensory Sniff Bottles

*Children experience their world through their senses. Unlike tasting, feeling, making noises, and looking at things, children often do not consciously go up to something and smell it. Here is an easy activity that encourages children to smell a variety of scents!*



### SUPPLIES:

- A variety of squeeze bottles. Recycle mustard, ketchup or liquid soap containers
- Cotton Balls
- A variety of scents (spices/extracts, grass/clover/flowers, vinegar, garlic, perfume)
- Glue or tape

Fold here to create 4x6 card

### Sensory Sniff Bottles (continued)

### DIRECTIONS

- Wash out squeeze bottle.
- Put scent item or cotton ball saturated with liquid fragrance inside bottle
- Seal bottle with glue or tape
- Demonstrate how to gently squeeze bottle to puff air and sniff.

### TIPS

- Be sure that everything you use is non-toxic
- Keep a watchful eye on toddlers who might suck the bottle or put items in their mouth.
- Have children guess what they smell and track their responses on a chart.

### Sources:

*Things to Do with Toddlers and Twos, Karen Miller, Telshare Publishing Co.*

*Mudpies to Magnets, a Preschool Science Curriculum, Robert A. Williams, Gryphon House.*

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